

Empty Arms Lending Library (Master List)

Children & Grief

Blanford, Cathy (2010). *My Baby Big Sister: A Book for Children Born Subsequent to a Pregnancy Loss.* CreateSpace Independent Publishing Platform.

Cook, Julia (2011). Grief is Like a Snowflake. Chattanooga, TN: National Center for Youth Issues.

Edwards, Amanda & Ponciano, Leslie (2018). *The Elephant in the Room: A Children's Book for Grief and Loss.*

Goldblatt (2004). The Boy who Didn't Want to be Sad. Magination Press.

Gryte, Marilyn (1999). *No New Baby: For Siblings who have a Brother or Sister Die Before Birth.* (rev.ed.). Omaha, NE: Centering Corporation.

Hanson, Warren (1997). The Next Place. Golden Valley, MA: Waldman House Press.

Hayton, Althea (2012). *Two Little Birds*. St Albans, Herns England: Wren Publications.

Heegaard, Marge (1988). When Someone Very Special Dies: Children Can Learn to Cope with Grief. Bloomington, MN: Woodland Press.

Innes, S. (2014). Life is Like the Wind (A Big Hug). Barron's Educational Series. *2 copies

James, Matt (2018). The Funeral. Toronto, ON: Groundwood Books.

Jeffers, Oliver (2010). The Heart and the Bottle. London, UK: HarperCollins Publishers Ltd.

Jonas-Simpson, Christine (2013). *Ethan's Butterflies: A Spiritual Book for Young Children and Parents after the Loss of a Baby*. Trafford Publishing.

Johnson, Joy & Mary (2015). Where's Jess? (rev.ed.). Omaha, NE: Centering Corporation.

Karst, Patrice (2000). *The Invisible String*. Camarillo, CA: DeVorss & Company.

Leyde, Savannah L. (2010). My Brother, He's an Angel. Minneapolis, MN: Studio Z-7 Publishing.

McCauley, Tamekia (2015). *To My Rainbow Baby with Love.* CreateSpace Independent Publishing Platform.



- **Mundy, Michaelene** (1998). *Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing with Loss.* St. Meinrad, IN: Abbey Press.
- O'Neal, Ted (2003). When Bad Things Happen: A Guide to Help Kids Cope. St. Meinrad, IN: Abbey Press Publications.
- Parr, Todd (2015). The Goodbye Book. New York, NY: Megan Tingley Books.
- **Roberts, Jillian** (2016). *What Happens When a Loved One Dies? Our First Talk about Death.*British Columbia, Canada; Orca Book Publishers.
- **Rowland, Joanna** (2017). *The Memory Box: A Book about Grief.* Minneapolis, MN: Sparkhouse Family.
- Schuld, Jackie (2015). Grief is a Mess. Middleton, DE.
- Schwiebert, P. & Bills, T. (2003). We Were Gonna Have a Baby, But We Had an Angel Instead.

 Portland, OR: Grief Watch.

 *2 copies
- **Silverman, Janis** (1999). *Help Me Say Goodbye: Activities for Helping Kids Cope When a Special Person Dies.* Minneapolis, MN: Fairview Press.
- Stickney, D. (2009). Waterbugs and Dragonflies (4th ed.) Cleveland, OH: Pilgrim Press.
- **Teckentrup, Britta** (2013). *The Memory Tree.* London, England: Orchard Books.
- **Zucker, Bonnie** (2016). *Something Very Sad Happened: A Toddler's Guide to Understanding Death.* Washington, DC: Magination Press.
- **Alberta Funeral Service Association** (2012). *Yours, Mine, and Our Children's Grief: A Parent's Guide.* (rev. ed.). Red Deer, AB.
- **James, John W. & Friedman, Russell** (2001) *When Children Grieve: For Adults to Help Children Deal with Death, Divorce, Pet Loss, Moving and Other Losses.* New York, NY: HarperCollins
- **Huntley, Theresa M.** (2002). *Helping Children Grieve: When Someone They Love Dies* (rev. ed.). Minneapolis, MI: Augsburg Fortress.
- **Silverman, Phyllis R. & Kelly, Madelyn** (2009). *A Parent's Guide to Raising Grieving Children:**Rebuilding Your Family After the Death of a Loved One. New York, NY: Oxford University Press.



Couples & Grief

- **Coats, Dhiraj & Aila** (2013). What Helped Us: A Simple Conversation about How We Are Getting Through the Death of our Baby. Middletown, DE: CreateSpace Independent Publishing Platform.
- **Himmelrich, Nathalie** (2014). *Grieving Parents: Surviving Loss as a Couple.* Lexington, KY: Kat Biggie Press. *2 copies
- White-O'Neil, Sibohan & White, David. (2007) We Lost Our Baby One Couple's Story of Miscarriage and its Aftermath. Raheny, Ireland: The Liffey Press.

Difficult Diagnosis

Beck, Martha (1999). Expecting Adam. New York, NY: Times Books.

Fatal Diagnosis

- **Azri, Stephanie & Ilse, Sherokee** (2015). The Prenatal Bombshell: Help and Hope When Continuing or Ending a Precious Pregnancy after an Abnormal Diagnosis. New York, NY: Rowman & Littlefield.
- **Evans, Jadyn** (2018). *Blake's Story: Our Journey with Trisomy 18.*
- **Ilse, Sherokee** (1995). *Precious Lives, Painful Choices: A Prenatal Decision-Making Guide. (rev. ed.)* Maple Plain, MN: Wintergreen Press.
- **Kuebelbeck, Amy & Davis, Deborah L.** (2011). A Gift of Time: Continuing Your Pregnancy When Your Baby's Life is Expected to be Brief. Baltimore, MA: The Johns Hopkins University Press. *2 copies



Marsh, Katie (2015). *Embracing Quincy: Our Journey Together.* Madawaska, ME: Fifth Dimension Press.

Grandparents

- **Bennett, Nina** (2005). Forgotten Tears: A Grandmother's Journey Through Grief. Booklocker.com Inc.
- **Gerner, Margaret** (2004). For Bereaved Grandparents. (rev). Omaha, NE: Centering Corporation.
- **Wolfelt, Alan D.** (2014). *Healing a Grandparent's Grieving Heart: 100 Practical Ideas after Your Grandchild Dies*. Boston, MA: Common Press.

Grief (General)

- **Cacciatore, Joanne** (2017). *Bearing the Unbearable: Love, Loss, and the Heartbreaking Path of Grief.* Somerville, MA: Wisdom Publications.
- **Canfield, Jack & Hansen, Mark Victor** (2003). *Chicken Soup for the Grieving Soul: Stories about Life, Death and Overcoming the Loss of a Loved One.* Deerfield Beach, FL: Health Communications, Inc.
- **DeKlyen, Chuck & Schwiebert, Pat** (2005). *Tear Soup: A Recipe for Healing After Loss* (3rd ed.). Portland, OR: Grief Watch.
- **Devine, Megan** (2017). *It's OK That You are Not OK: Meeting Grief and Loss in a Culture That Doesn't Understand.* Boulder, CO: Sounds True.
- **Friedman, Russell & James, John W.** (2013). *Moving Beyond Loss.* Plymouth, United Kingdom: Taylor Trade Publishing.
- **Grant, Airdre** (2016). *Stumbling Stones: A Path Through Grief, Love and Loss*. London, UK: Hardie Grant Books.
- Harper Needl, Elizabeth (2003). Seven Choices: Finding Daylight after Loss Shatters Your World.

 New York, NY: Grand Central Publishing.
- Jackson Jr., Glen (2015). Grief: Embrace It, Live It, Hold on to It. Middletown, DE: SPJ Publishing.
- James, John W. & Friedman, Russell (2009). The Grief Recovery Handbook: The Action Program for Moving Beyond Death, Divorce, and Other Losses. (rev.ed.) New York, NY: Harper Collins Publishers.



- **Kumar, Sameet M.** (2013). *Mindfulness for Prolonged Grief: A Guide to Healing After Loss When Depression, Anxiety, and Anger Won't go Away.* Oakland, CA: New Harbinger Publications, Inc.
- **McLean, Serenity** (2017). *Honest Grief: A Not so Ordinary Guidebook to Surviving the Abyss.*Dome Tree Publishing.
- **Weller, Francis** (2015). *The Wild Edge of Sorrow: Rituals of Renewal and the Sacred Work of Grief.* Berkley, CA: North Atlantic Books.
- **Wolfelt, Alan D**. (2007). *Living in the Shadows of the Ghosts of Grief: Step into the Light.* Fort Collins, CO: Companion Press.
- **Wolfelt, Alan D.** (2014). *The Depression of Grief: Coping with your Sadness and Knowing When to get Help.* Fort Collins, CO: Companion Press.
- **Wolfelt, Alan D.** (2003). *Understanding your Grief: Ten Essential Touchstones for Finding Hope and Healing your Heart.* Fort Collins, CO: Companion Press.
- **Zuma, Tom** (2014). *Permission to Mourn: A New Way to Do Grief.* Rockford, IL: Bish Press.

Infertility

- **Birkin, Robyn** (2016). *Screw Infertility! Lessons from a Fertility Warrior. Surviving Infertility, Miscarriage and IVF.* Middletown, DE: CreateSpace.
- **Dake, Cindy Lewis** (2002). *Infertility: A Survival Guide For Couples and Those Who Love Them.*Birmingham, Al: New Hope Publishers.
- Manterfield, Lisa (2015). Life Without Baby: Surviving and Thriving When Motherhood Doesn't Happen. Redondo Beach, CA: Steel Rose Press.
- **Wenzel, Amy PHd.** (2014). *Coping with Infertility, Miscarriage and Neonatal Loss: Finding Perspective and Creating Meaning.* Washington, DC: APA Life Tools.

Men & Grief

- **Don, Andrew** (2005). Fathers Feel too: a book for men by men on coping with the death of a baby. London, United Kingdom: Bosun-Publications.
- Farley, Kelly (2012). Grieving Dads: To the Brink and Back. Chicago, IL: Grieving Dads LLC.
- **Golden, Thomas R.** (2014). *Swallowed by a Snake: The Gift of the Masculine Side of Healing*. Gaithersburg, MA: Golden Healing Publishing.



Long, Emily R. (2016). From Father to Father: Letters from Loss Dad to Loss Dad. Burlington, VT: Firefly Grace Publishing.

Perinatal Loss

- **Armentrout Vagianos, Dianna** (2016). Walking the Labyrinth of My Heart: A Journey of Pregnancy, Grief and Newborn Death. White Flowers Press
- **Anderson, Tammy** (2010). *Losing Emily: A Journey through Stillbirth to Finding Peace and Embracing New Hope.* Portland, OR: Inkwater Press.
- **Allen, Marie & Marks, Shelly** (1993). *Miscarriage: Women Sharing from the Heart.*New York, NY: John Wiley & Sons, Inc.
- **Ash, Lorraine** (2004). *Life Touches Life: A Mother's Story of Stillbirth and Healing.* Troutdale, OR: NewSage Press.
- **Baseman, Cynthia** (2006). *Love Mom, A Mother's Journey from Loss to Hope.* Bloomington, IN: Authorhouse.
- **Booker, Adriel** (2018). *Grace Like Scarlett: Grieving with Hope After Miscarriage and Loss.* Grand Rapids, MI: Baker Books.
- **Brown, Elizabeth B.** (2010). Surviving the Loss of a Child: Support for Grieving Parents. (2nd ed.) Grand Rapids, MI: Revell.
- **Cox, Franchesca** (2017). *Facets of Grief: A Creative Workbook for Grieving Mothers.* Lexington, KY.
- **Davis, Deborah L.** (1996). *Empty Cradle, Broken Heart: Surviving the Death of Your Baby* (rev. ed.). Golden, CO: Fulcrum Publishing.
- **Eshlemen, Melissa** (2011). *Always Within: Grieving the Loss of Your Infant.* Norway, MA: Find Your Way Publishing, Inc.
- **Evans, Kim Flowers** (2014). What I Gave to the Fire: A Memoir. MiddleTown, DE: CreateSpace Independent Publishing.
- **Gamino, Louis A. & Cooney, Ann Taylor** (2002). *When Your Baby Dies Through Miscarriage or Stillbirth.* Minneapolis, MN: Augsburg Fortress.
- **Graber, Kendra D.** (2015). *Silent Grief: Hope for Surviving Early Miscarriage.* Bonners Ferry, ID: Truth in Word Publishing.
- Gross Berger, Jessica (editor) (2007). About What Was Lost. New York, NW: Penguin Group.
- Hayford, Jack (2003). I'll Hold You in Heaven: Healing and Hope for the Parent Who Has Lost Child through Miscarriage, Stillbirth, Abortion or Early Infant Death (3rd ed.). Ventura, CA: Regal Books.



- Heineman, Elizabeth (2014). Ghost Belly. New York, NY: Feminist Press.
- Hiemstra, Jessica & Martin-Demoor, Lisa (2013). How to Expect What You're Not Expecting: Stories of Pregnancy, Parenthood and Loss. Victoria, BC: TouchWood Editions.
- **Himmelrich, Nathalie** (2017). Surviving my First Year of Child Loss: Personal Stories from Grieving Parents. Middletown, DE: Reach for the Sky.
- **Ilse, Sherokee** (1996). *Empty Arms: Coping with Miscarriage, Stillbirth, and Infant Death.* (4th ed.). Maple Plain, MN: Wintergreen Press.
- **Kluger-Bell, Kim** (2000). *Unspeakable Losses: Healing from Miscarriage, Abortion, and Other Pregnancy Loss.* New York, NY: William Morrow Paperbacks.
- Lands, Amie (2017). Navigating the Unknown: An Immediate Guide when Experiencing the Loss of Your Baby. Lexington, KY: Kat Biggie Press.
- **Larsen, Katy M.** (Ed.). (2014). *Still Standing...Because They Lived.* Somewhere Over the Rainbow LLC.
- **Long, Emily R.** (2015). *Invisible Mothers: When Love Doesn't Die.* Burlington, VT: Firefly Grace Publishing.
- **Long, Emily R.** (2016). *You are Not Alone: Love Letters from Loss Mom to Loss Mom.* Burlington, VT: Firefly Grace Publishing.
- **Lothrop, Hannah** (1997). *Help, Comfort, & Hope: After Losing your Baby in Pregnancy or the First Year.* Cambridge, MA: Da Capo Press.
- **McCraken, Elizabeth** (2010). *An Exact Replica of a Figment of My Imagination: A Memoir.* New York, NY: Back Bay Books.
- Mitchell, Ellen (2009). Beyond Tears: Living after Losing a Child (rev. ed.). New York, NY: St. Martin's Griffin.
- **Parisi, Kristy** ((2016). *Miscarriage Mom: The Unspoken Realities of Miscarriage and How to Cope.* Bloomington, IN: AuthorHouse.
- Raeburn, Daniel (2016). Vessels: A Love Story. New York, NY: W.W. Norton & Company, Inc.
- Roy, Deanna (2011). Baby Dust: A Novel. Austin, TX: Casey Shay Press.
- **Sanders, Catherine M.** (1998). How to Survive the Loss of a Child: Filling the Emptiness and Rebuilding your Life. (2nd ed). New York, NY: Three Rivers Press.
- **Stillwell, Elaine E.** (2004). *The Death of a Child: Reflections for Grieving Parents.* Skokie, IL: ACTA Publications.
- **Williamson, Walter** (2008). *Miscarriage Coping with a Different Kind Of Death*. Simon & Brown.
- **Wenzel, Amy** (2014). *Coping with Infertility, Miscarriage and Neonatal Loss: Finding Perspective and Creating Meaning.* Washington, DC: APA Life Tools.



- **Wolfelt, Alan D.** (2015). *Healing your Grieving Heart after Miscarriage: 100 Practical Ideas for Parents and Families.* Fort Collings, CO: Companion Press.
- **Wolfelt, Alan D. & Maloney, Raelynn** (2013). *Healing your Grieving Heart after Stillbirth: 100 Practical Ideas for Parents and Families.* Fort Collins, CO: Companion Press.
- **Wopat, Christy** (2018). *Almost a Mother: Love, Loss, & Finding your People when your Baby Dies.* Waukesha, WI: Orange Hat Publishing.
- **Wunnenberg, Kathe** (2001). *Grieving the Child I Never Knew: A Devotional For Comfort In the Loss of Your Unborn or Newly Born Child.* Grand Rapids, MI: Zondervan.

Pregnancy after Loss

- **Abbey, Amy L.** (Ed.). (2006). *Journeys: Stories of Pregnancy after Loss.* Boulder, CO: WovenWord Press.
- **Cox, Franchesca** (2017) *Celebrating Pregnancy Again: Restoring the Lost Joys of Pregnancy after the Loss of a Child.* Lexington, KY.
- **Cirulli Lanham, Carol** (1999). *Pregnancy after a Loss: A Guide to Pregnancy after a Miscarriage, Stillbirth, or Infant Death.* New York, NY: The Berkley Publishing Group.

 * 2 copies
- **Douglas, Ann & Sussman, John R.** (2000). *Trying Again: A Guide to Pregnancy after Miscarriage, Stillbirth, and Infant Loss.* New York, NY: Taylor Trade Publishing. * 3 copies

Twinless

Hayton, Althea (2007). *Untwinned: perspectives on the death of a twin before birth.* **S**t Albans, Herts England: Wren Publications

<u>Other</u>

- **Brown, Brene** (2012). *Daring Greatly*. New York, NY: Gotham Books.
- **Burpo, Todd & Vincent, Lynn** (2010). *Heaven is For Real: A Little Boy's Astounding Story of His Trip to Heaven and Back*. Nashville, TN: Thomas Nelson Press.
- Friedman, Russell & James, John W. Moving On. Plymouth, United Kingdom, M.Evans
- Friedman, Russell & James, Cole & James, John W. (2014). The Grief Recovery Handbook for Pet Loss. London, United Kingdom: Taylor Trade Publishing.



- Levy, Ariel (2017). The Rules Do Not Apply: A Memoir. New York, NY: Random House.
- **Sandberg, Sheryl & Grant, Adam** (2007). *Option B, Facing Adversity, Building Resilience, and Finding Joy.* New York, NY: Alfred A. Knopf.
- **Small, Meredith F.** (1998). *Our Babies, Ourselves: How Biology and Culture Shape the Way We Parent*. New York, NY: Anchor Books.
- Zebian, Najwa (2018). Mind Platter. Kansas City, MO: Andrews McMeel Publishing.